

YOU WILL LEARN ...

- How to hypnotize
- Self-hypnosis
- An overview of the profession of hypnotism
- Fundamental principles of success
- The role of the Certified Hypnotist
- How to properly explain hypnosis to clients
- How to establish rapport
- Factors that influence suggestibility to hypnosis
- Laws of Suggestion
- Suggestibility Tests
- Preinduction Talk
- Practical Hints for Hypnotic Induction
- Dehypnotization
- Recognition of the depth of the Hypnotic State
- Authoritarian and Permissive Induction Techniques
- Rapid Induction Techniques
- Posthypnotic Suggestion
- Deepening Techniques
- Hypnosis for Smoking Cessation
- Hypnosis for Stress Reduction
- Hypnosis for Weight Loss
- How to set up your practice and build your clientele
- Non-therapeutic applications (learning, stage fright, confidence, selling, relaxation, etc.)
- Precautions in the use of hypnotism
- And much more!

This innovative program is designed to give the participants a working understanding of hypnotism. The course is practical and down-to-earth, concentrating heavily on the how-to-do-it aspects. Students are not simply taught all about hypnosis. By means of supervised practice sessions, you will be trained to actually produce the hypnotic state and use it skillfully and effectively. Well thought out, tested-and-true, this course will help you to master your hypnotism skills and increase your results.

Curriculum consists of discussions, demonstrations, case studies, role-playing activities, simulations, application exercises, homework assignments and tests.

**This course is for anyone
who wishes to start a new career
or to enhance their present career.**

TESTIMONIALS

"Building my confidence in the ability to help other people succeed was definitely achieved through this program. Can't wait to get started!"

Barbara C. Decker, WA

"Take your first step to help people using hypnosis! Become a Certified Hypnotist and explore the rewarding career you've been looking for!"

Wendy Luk, Canada

"This course was a great basis from which to develop a further growth in my skills and knowledge in hypnosis. It provided me with a concrete easy way to practice hypnosis."

Laurel el-Baroudi, FL

"It made a huge change in my life. I am happy to add the consulting hypnotist certificate to my skills. It was a wonderful experience to take the course."

Noa Eshkar, NY

"I learned a lot. I grew as a person. I understand hypnosis much better, even though I have been using hypnosis for over 20 years. I really enjoyed the practice."

Kathryn Mulford, FL

For information on classes contact:

Linda E. Donalds, BCH CI

Board Certified Hypnotist

NGH Certified Instructor

(508) 246-2721

training@newhorizonsinhypnosis.com

Private & Group Training Offered

Certification in Hypnotism

**Training in Hypnotism could change
your life in many positive ways!**



NGH Certified Consulting Hypnotist Training Course

taught by

Linda E. Donalds, BCH CI

Board Certified Hypnotist

NGH Certified Instructor

**With the general public becoming
more mind/body aware, the need for
hypnotism increases every year.**

Become a certified consulting hypnotist now!

With this approved professional training course, you will be eligible for recognition and certification by the National Guild of Hypnotists. The National Guild of Hypnotists was founded in 1951, and with over 10,000 members in 40 countries, it is the oldest & largest hypnotism organization in the world. Its certification is the most widely recognized credential for the professional practice of the hypnotic arts.

TOPICS OF THIS COMPREHENSIVE COURSE WILL INCLUDE

Hypnotic Suggestibility Testing & Induction Techniques

The purpose and types (authoritarian and permissive) are discussed, demonstrated and practiced. Scripts will be provided for all of the induction procedures. Practical hints that influence hypnotic suggestibility. Supervised practice by class members.

Recognition and Classification of Clients

An in-depth discussion of the qualification of subjects, including common fallacies we encounter, occupational susceptibility, age, and susceptibility of highly impressionable and emotional people.

Influences and Dangers of Hypnosis

In this segment, we discuss the influences of light and color, of temperature, of odors, of music and sound, of quiet and the influence of emotions and its effect on inducing hypnosis. Learn which people make the best subjects, and when not to hypnotize someone. Ethics and precautions in the use of hypnosis will be discussed.

How to Hypnotize

A three-step classical hypnotic induction procedure is introduced and demonstrated. Participants practice and are critiqued.

Methods of Awakening

Ordinary and gradual awakening methods are shown. Participants practice a self-hypnosis induction and awaken themselves.

Depth Stages of Hypnosis

Participants are introduced to the six depth stages of hypnosis and the criteria for judging trance depth.

Self-Hypnosis Training

Participants will learn the rationale for using self-hypnosis and how it can influence all phases of their lives. In addition, they will be introduced to the world of "suggestion," and learn six important criteria for formulating action suggestions.

Hypnotism Programs for Smoking Cessation, Weight Control & Stress Management

Effective use of imagery will be taught for dealing with these problems. Complete programs already proven

successful in dealing with these problems are provided. Learn how to conduct your own self-hypnosis classes.

Hypnotic Miscellany

Mechanical aids and post-hypnotic suggestion are introduced. Deepening techniques and topics such as negative word traps and unethical posthypnotic suggestions are discussed.

Advanced Induction Techniques

The eight steps necessary to perform an effective progressive relaxation induction are demonstrated. Instantaneous, indirect and waking hypnosis techniques are shown and practiced.

Building Your Successful Hypnotism Practice

The varied possibilities and options open to enhance a profitable hypnotism practice are explored. This includes marketing one's private practice. The methodology and structure developing a far-reaching practice, and marketing one's hypnosis programs to the corporate world are analyzed. Ethical and legal considerations are also discussed.

**Call Now to Register for the Next Course:
(508) 246-2721**

– About Linda E. Donalds, BCH CI –

For many years, I have enjoyed working with people to help them dissolve inner barriers using hypnosis techniques so that they can be free to move forward in successfully reaching their desired goals.



Back in January 1998, I became a Certified Hypnotist through the National Guild of Hypnotists (NGH), after completing their "Certification in Hypnotism" course. Over the years, I have also completed many additional advanced training programs in the field of hypnosis, including certification in Complementary Medical Hypnotism, Diabetes Motivational Coaching, Bariatric Surgery Support Hypnotism, Pain Management Hypnotism, and as a HypnoBirthing® Practitioner.

WHAT YOU WILL RECEIVE ...

- Student Manuals 1 & 2
- Package of Scripts
- Pendulum & Chevreul's Chart
- The Many Benefits of NGH (DVD)
- Master Marketing Manual- (I-CD & 2 DVDs)
- Motivation for the Hypnotist (CD)
- From Scratch & On A Shoestring (PDF)
- Platinum Panel '08, '09, & '10 Solid Gold (DVDs)
- Demonstrations of NGH Scripts (DVD)
- Understanding Psychology - (Booklet)
- HypnoMotivation (Articles)
- Tips & Strategies on Building Your Website (Article)
- Hypnotic Recollections (Book)
- Member Package Benefits
- 1 Year Membership
- NGH Consulting Hypnotist Certificate & Card
- 1 year of "Journal of Hypnotism"
- 1 year of "Hypno-Gram"
- Code of Ethics & our professional "language"
- Member monthly email blasts
- Member regular email specials

Upon completion of all class hours plus hands-on practice and independent study, students will be eligible for examination leading to graduation as a Certified Hypnotist. The internationally recognized core-curriculum is reviewed, annotated and upgraded annually by our N.G.H. adjunct faculty and is further enhanced by the personal knowledge and experience of your instructor.

Continuing Education Units (CEUs) Awarded

The CEU is a standard measurement for noncredit continuing education programs. Upon completion, one CEU will be given for each contact hour of participation in this course.

For more information,
Please visit my website:
www.NewHorizonsInHypnosis.com